



WABASH CENTER

For Teaching and Learning in Theology and Religion



Family, Friends and the Creative Journey: On the Water

Ralph Basui Watkins, *Columbia Theological Seminary*

Blog Series: Re/Kindling Creativity and Imagination

June 23, 2021

Tags: Photography | creative project | family gathering | inspiration



I can't afford a boat but I can rent one. I spent a day on the water with my wife, Dr. Vanessa Watkins, her sister Dr. Adriana Higgins, and my brother-in-law, Rev. Michael Higgins. This time with family and friends doing something out of the ordinary, inspires my creativity. I had never been out on a pontoon boat before and never driven a boat; but, here we were having fun, laughing, talking and enjoying each other. It was one of the most relaxing times of my life.



I cannot quantify how this might have affected my creative energies, but I know it did. A big part of being creative is enjoying life, having fun and relaxing. When we are able to relax, we allow our brains to rest and be restored to create. I encourage you as a teacher, professor and creative to make time to do new things with family and friends. It will bring joy to your life and invigorate your creativity.

Caption: My family and me on a pontoon boat in Red Mountain State Park, Ackworth, GA.
©Ralph Basui Watkins

<https://wabash.center/2021/06/family-friends-and-the-creative-journey-on-the-water/>